



Resultatliste Langeskov 14. november 2010



Resultatliste for ca. 3000m

Pla.	Nummer	Navn	Klub	Tid	Point	Ialt
K1 - Piger 0-11 år						
1	193	Fie Steenberg	Team Fit 4 Run	16,10,0	10	20
2	246	Freja Steenberg	OA/OGF	19,19,0	9	17
3	320	Luna Blom	OA/OGF	24,11,0	8	13
4	541	Helena Jepsen	NGIF	26,42,0	7	7
	281	Olivia Lundberg	OA/OGF			9
	136	Natasja Trustrup	NGIF			7
	261	Sille Møller Enstrøm	Munke Mose Motion			6
	315	Aya Larsson	NO ONE			4
	302	Rosa Stougaard	NO ONE			3
	303	Mille Stugaard	NO ONE			2
K2 - Dreng 0-11 år						
1	304	Gustav Albertsen	NO ONE	19,07,0	10	20
2	283	Emil Jungersen	NO ONE	24,14,0	9	14
	307	Marius Trondheim	NO ONE			9
	262	Magnus Møller Engstrøm	Munke Mose Motion			8
	18	Jonas Plesner	Munke Mose Motion			7
	280	Lauritz Rendbæk	Munke Mose Motion			6
K3 - Piger 12-13 år						
1	191	Elisabeth Dorsche	Team Fit 4 Run	14,37,0	10	20
2	192	Freja Blom	Team Fit 4 Run	14,42,0	9	18
3	139	Line Fløe Poulsen	NGIF	18,22,0	8	16
4	270	Frederikke Rasmussen	Bogense Løberne	18,24,0	7	14
5	326	Luna Duedahl	NO ONE	23,11,0	6	12
	324	Pernille Rasmussen	NO ONE			5
K4 - Dreng 12-13 år						
1	545	Peter Moritzen	SG	14,33,0	10	10
2	35	Rene Andersen	Ringø GF Atletik	16,01,0	9	19
3	58	Malthe Tøndering	SG	17,01,0	8	16
4	137	Steffen Kjær Møller	NGIF	17,07,0	7	16
5	145	Jesper Rasmussen	NGIF	17,09,0	6	13
6	327	Christian Dalsgaard	NGIF	19,35,0	5	11
7	138	Casper V. Trustrup	NGIF	20,38,0	4	9
8	158	Nikki Trustrup	NO ONE	27,39,0	3	7
K5 - Kvl. ungdom 14-15 år						
1	140	Sabrina Kjær Møller	OA/OGF	14,35,0	10	20
2	141	Sofie Binou Nielsen	NGIF	19,52,0	9	18
K6 - Mdl. ungdom 14-15 år						
1	52	Mathias Tøndering	SG	17,05,0	10	19
	238	Peter Moritzen	SG			10
K7 - Kvl. ungdom 16-17 år						
	318	Ida Egelund	NO ONE			10
K8 - Mdl. ungdom 16-17 år						
1	57	Mathias Koldby	SG	13,58,0	10	20
2	59	Anders Koldby	SG	14,44,0	9	17
3	325	Lauge Hedegaard	NGIF	16,48,0	8	14
4	142	Rasmus Bang Poulsen	NGIF	19,53,0	7	14
	323	Tune Madsen	NO ONE			9



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K9 - Kvl. åben

1	454	Mia Beck Lichtenstein	OPI	14,27,0	10	10
2	455	Charlotte Christensen	OPI	14,48,0	9	9
3	446	Mette Steenbjerg	Team Fit 4 Run	15,51,0	8	8
4	47	Aase Andersen	Ringe GF Atletik	16,57,0	7	16
5	97	Anna Lundin	LLM	17,44,0	6	16
6	322	Christina Møller	NGIF	18,47,0	5	12
7	143	Anne Fløe Poulsen	NGIF	19,42,0	4	10
8	93	Marianne Pallisgaard	LLM	21,10,0	3	8
9	122	Pia Jessen	SG	23,33,0	2	3
10	232	Gitte Villadsen	Løb med DGI	23,35,0	1	1
11	235	Dorte Thorsager	Løb med DGI	24,09,0	0	0
12	159	Signe Trustrup	NO ONE	24,21,0	0	0
13	168	Lise Retz Johansson	NO ONE	24,29,0	0	0
14	163	May-Brit Nim	NO ONE	25,02,0	0	0
15	546	Grethe Hedin	VSGIF, Vejle Løbeklu	27,30,0	0	0
	91	Kirsten Sørensen	LLM			0
	319	Gitte Rasmussen	NO ONE			0
	149	Else Ladefoged	NGIF			0
	150	Mette Schliemann	NGIF			0
	317	Tina Egelund	NO ONE			0
	308	Ditte-Marie Sørensen	NO ONE			0
	121	Karen Wengel	SG			0
	180	Helle Bjernemose	NO ONE			0
	164	Liselotte Rasmussen	NO ONE			0
	316	Kirstine Larsson	NO ONE			8
	167	Lis Rosager Møldrup	NO ONE			4
	234	Birgit Winther Orsero	NO ONE			3
	256	Conni Pedersen	SG			2

K10 - Mdl. åben

1	530	Steffen Toftegaard	OA/OGF	12,12,0	10	10
2	55	Jonas Nielsen	SG	12,50,0	9	18
3	286	Lars Dyrmosé	Fjordager I.F.	13,14,0	8	16
4	272	Lasse Olsen	OA/OGF	13,44,0	7	12
5	53	Nicklas Iversen	SG	14,32,0	6	6
6	144	Klaus Møller	NGIF	15,40,0	5	7
7	38	Erik Andersen	Ringe GF Atletik	18,24,0	4	4
8	449	Preben Nielsen	Middelfart Motions K	18,52,0	3	3
9	160	Lars Trustrup	NO ONE	20,25,0	2	2
10	233	Michael Villadsen	Løb med DGI	22,53,0	1	1
11	450	Martin Blom	OA/OGF	24,15,0	0	0
12	547	Olav Salten Sørensen	Løb med DGI	27,29,0	0	0
	258	Sebastian Larsson	Odense Orienteringsk			10
	171	Henrik Steen Andersen	NO ONE			7
	51	Jens Pedersen	SG			6
	248	Hussein H Adalialzaher	NO ONE			4
	54	Kim Hammerick	SG			3
	263	Michael Ahler	Munke Mose Motion			1
	255	Keld Jensen	Nyborg Løbeklub			0
	60	Knud E. Hansen	Fåborg Ski & Motion			0



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Resultatliste for ca. 8000m

Pla.	Nummer	Navn	Klub	Tid	Point	Ialt
K11 - Kvl. åben						
1	453	Nina Beck	SG	32,53,0	10	10
2	1	Annika Skov	Munke Mose Motion	33,42,0	9	19
3	518	Jeanette Skov	Munke Mose Motion	38,19,0	8	8
4	88	Jeanette Pedersen	LLM	40,14,0	7	16
	169	Ida Sofie Johansson	NO ONE			7
	165	Trine Wang Tanne	NO ONE			8
K12 - Mdl. åben						
1	530	Steffen Toftegaard	OA/OGF	27,24,0	10	10
2	54	Kim Hammerick	SG	31,31,0	9	16
3	278	Lars Dyrholm Hansen	Svendborg Tri Klub	31,43,0	8	18
4	272	Lasse Olsen	OA/OGF	31,57,0	7	15
5	537	Lasse Hornemann	NO ONE	35,36,0	6	6
6	287	Tobias Ptersen	Ringe GF Atletik	40,24,0	5	9
7	170	Søren Alexander Johansson	NO ONE	44,29,0	4	7
8	36	Peter Hebsgaard	Ringe GF Atletik	48,03,0	3	5
	175	Rune Dal Andersen	NO ONE			5
	248	Hussein H Adalialzaher	NO ONE			9
	176	Manuel Niedling	NO ONE			6
K13 - Kvl. V30-34						
1	96	Naja Timmermann	LLM	42,01,0	10	20
2	2	Louise Lægaard Rasmussen	Munke Mose Motion	49,16,0	9	16
3	531	Helle Wihan	SPI	53,33,0	8	8
	300	Rikke Dalgas	NO ONE			8
	4	Pernille Thomsen Hermanse	Munke Mose Motion			9
K14 - Kvl. V35-39						
1	282	Stine Lundberg	NO ONE	35,01,0	10	19
2	6	Mette Højrup	Munke Mose Motion	35,51,0	9	17
3	188	Lone Fyhn Olesen	OPI	40,57,0	8	15
4	5	Camilla Mould	Munke Mose Motion	42,47,0	7	13
5	104	Nina Keller	OA/OGF	45,20,0	6	11
	260	Stine Møller Engstrøm	Munke Mose Motion			10
K15 - Kvl. V40-44						
1	9	Dorte Andreas	Munke Mose Motion	34,54,0	10	19
2	84	Britt Petersen	LLM	41,32,0	9	17
3	241	Conny Wahl	Ringe GF Atletik	41,47,0	8	12
4	11	Mette Kelstrup Hallas	Munke Mose Motion	42,07,0	7	13
5	10	Karin Plesner	Munke Mose Motion	45,12,0	6	9
	321	Phudng Tran	NO ONE			5
	184	Turid Nellemann	NO ONE			2
	267	Susanne Lassen	NGIF			10
	239	Yvonne Lehmann Malling	Løb med DGI			7



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K16 - Kvl. V45-49

1	515	Mette Christensen	Munke Mose Motion	36,30,0	10	10
2	12	Tine Nielsen	Munke Mose Motion	36,32,0	9	9
3	243	Karin Dorche	OA/OGF	36,52,0	8	18
4	511	Hanne Gregersen	Ringe Løbeklub	40,22,0	7	7
5	285	Sanne Christlieb	Munke Mose Motion	40,38,0	6	15
6	253	Lisbeth Jessen	NO ONE	42,58,0	5	13
7	123	Marie Lutzen	SG	43,21,0	4	11
8	13	Anne Birgitte Meulengrath	Munke Mose Motion	44,13,0	3	3
9	181	Cathrine Bøgh Pedersen	NO ONE	45,50,0	2	6
10	134	Pauline Martin	SG	46,17,0	1	7
11	92	Gitte Nicolajsen	LLM	47,51,0	0	5
12	289	Susanne Hebsgaard	Ringe GF Atletik	48,51,0	0	3
13	154	Dorte Johannessen	Løb med DGI	51,06,0	0	2

K17 - Kvl. V50-54

1	194	Jette Fløjborg	Team Løbexperten	34,41,0	10	10
2	47	Aase Andersen	Ringe GF Atletik	38,57,0	9	19
3	48	Lene Sørensen	Ringe GF Atletik	40,41,0	8	17
4	185	Naimi Vie	NO ONE	40,53,0	7	13
5	157	Birgit Klausen	Munke Mose Motion	41,52,0	6	13
6	14	Else Margrete Larsen	Munke Mose Motion	42,22,0	5	10
7	81	Connie Pedersen	LLM	43,36,0	4	8
8	533	Dorthe Reseke	NO ONE	45,01,0	3	3
9	71	Ulrikke Henningssen	LLM	45,27,0	2	4
10	99	Dorte Vildsø	LLM	46,19,0	1	1
11	284	Dorthe Jungersen	NO ONE	46,56,0	0	3
12	86	Lene Hennie	LLM	49,31,0	0	0
	128	Kirsten Damgaard	SG			0
	166	Bente Andersen	NO ONE			8
	125	Lisbeth Runager	SG			1
	311	Anette Bau	NO ONE			0

K18 - Kvl. V55-59

1	305	Susanne Ryttov	SG	46,18,0	10	17
2	506	Susan Petersen	NO ONE	51,15,0	9	9
3	273	Britta Olsen	OA/OGF	60,51,0	8	12
	15	Kirsten Skytte	Munke Mose Motion			5
	111	Inge P. Jensen	OA/OGF			10
	16	Annetette Schaldemose	Munke Mose Motion			9
	251	Ingrid Rasmussen	OA/OGF			8
	129	Kirsten Markussen	SG			6

K19 - Kvl. V60-64

1	17	Margit Nielsen	Munke Mose Motion	43,42,0	10	20
2	513	Gitte Vestergaard	NGIF	46,54,0	9	9
3	147	Inger Bank	NGIF	49,48,0	8	17
4	8	Birgitte Jensen	Munke Mose Motion	52,32,0	7	7
5	132	Aase Bulck	SG	53,50,0	6	12
	130	Anette Lassen	SG			8
	133	Bente Rasmussen	SG			7

K20 - Kvl. V65-69

1	118	Lisbeth N. Beck	SG	44,28,0	10	20
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K21 - Kvl. V70-74

1	124	Ulla Andersen	SG	41,37,0	10	20
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K23 - Mdl. V30-34

1	517	Nicolai Larsson	OA	29,14,0	10	10
2	179	Peter Wiham	NO ONE	33,31,0	9	17
3	543	Per Larsen	Svendborg Tri Klub	33,38,0	8	8
4	544	Rune Christophersen	Svendborg Tri Klub	34,22,0	7	7
5	538	Michael Frost	NO ONE	46,26,0	6	6
6	532	Lars Løvendahl	SPI	48,12,0	5	5
	277	Anders Lindegaard	Svendborg Tri Klub			7
	83	Kasper Frydendal	LLM			6
	294	Bo Knudsen	SG			5
	310	Casper Spiele	Munke Mose Motion			10
	19	Casper Lund Lauridsen	Munke Mose Motion			9

K24 - Mdl. V35-39

1	258	Sebastian Larsson	Odense Orienteringsk	28,38,0	10	20
2	299	Kenneth Jepsen	Nyborg Løbeklub	29,59,0	9	17
3	245	Michael Sttenberg	OA/OGF	33,45,0	8	14
4	314	Niels Bo Fruergaard	NO ONE	35,24,0	7	11
5	536	Lars Møller	Sanderum Motion	35,41,0	6	6
6	301	Peter Albertsen	NO ONE	37,45,0	5	8
7	539	Steffenpalm	NO ONE	37,57,0	4	4
8	252	Henrik Wedell	NO ONE	38,55,0	3	5
9	313	Dick Esmark	NO ONE	43,50,0	2	2
	306	Mark Tune	NO ONE			9
	276	Michael Hammer	Svendborg Tri Klub			7
	20	Stig Danielseen	Munke Mose Motion			5
	89	Thomas Lindevang	LLM			1

K25 - Mdl. V40-44

1	186	Christian Berg	Næsby Motion	29,48,0	10	20
2	286	Lars Dyrmosé	Fjordager I.F.	30,26,0	9	18
3	250	Ole Larsen	Løb med DGI	33,26,0	8	16
4	22	Jesper Poulsen	Munke Mose Motion	33,31,0	7	7
5	80	Tommy Junge Hansen	LLM	35,08,0	6	12
6	296	Kim Jensen	NO ONE	35,57,0	5	9
7	264	Kim Larsen	NO ONE	36,38,0	4	7
8	275	Thomas Østertoft	Svendborg Tri Klub	38,48,0	3	5
	298	Poul Qvist	NO ONE			1
	77	Lars Frederiksen	LLM			0
	21	Martin Dollerup Nielsen	Munke Mose Motion			7
	244	Tim Christensen	OA/OGF			5

K26 - Mdl. V45-49

1	110	Per Hedelund	OA/OGF	32,35,0	10	20
2	103	Lars Keller	OA/OGF	33,04,0	9	18
3	113	Thomas Hald	OA/OGF	34,34,0	8	16
4	522	Kjell Titlestad	OA/OGF	34,48,0	7	7
5	269	Claus Rasmussen	Bogense Løberne	35,37,0	6	12
6	25	Villy Pehrsson	Munke Mose Motion	37,55,0	5	10
7	288	Peter Thomsen	Ringe GF Atletik	38,32,0	4	8
8	542	Michael Bau	NO ONE	38,34,0	3	3
9	26	Martin Bruun Møller	Munke Mose Motion	39,46,0	2	2
10	85	Steen Skov Hansen	LLM	40,37,0	1	1
11	24	Søren Andreas	Munke Mose Motion	40,46,0	0	2
12	135	Leif Mortensen	SG	41,10,0	0	3
13	82	Jan Pedersen	LLM	41,49,0	0	1
14	153	Peter Andersen	Løb med DGI	50,18,0	0	0
	266	Morten Heitmann	SG			7
	87	Jan Larsen	LLM			0
	69	Carsten Pedersen	Fåborg Ski & Motion			0



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K27 - Mdl. V50-54

1	341	Per Arne Simonsen	SG	30,34,0	10	10
2	171	Henrik Steen Andersen	NO ONE	31,52,0	9	19
3	247	Kim Koldby	NO ONE	32,49,0	8	17
4	529	Hans Andersen	Fjordager I.F.	32,56,0	7	7
5	156	Niels Holmbech	Munke Mose Motion	33,37,0	6	13
6	259	Niels Duedahl	SG	34,45,0	5	11
7	257	Jørgen Badstue	OA/OGF	34,52,0	4	9
8	249	Abdenour Ferguen	OA/OGF	34,54,0	3	5
9	540	Jens Sørensen	NO ONE	36,10,0	2	2
10	265	Gunnar Jespersen	Fåborg Ski & Motion	36,28,0	1	5
11	38	Erik Andersen	Ringe GF Atletik	38,44,0	0	0
12	449	Preben Nielsen	Middelfart Motions K	39,37,0	0	0
13	254	Ole Jessen	NO ONE	40,02,0	0	0
14	187	Mogens Hansen	OA/OGF	40,10,0	0	0
15	242	Torbjørn Wahl	Ringe GF Atletik	40,45,0	0	0
16	534	Ulrik Clausen	SG	41,11,0	0	0
17	189	Edward Lorentzen	OPI	45,48,0	0	0
18	37	Søren Hebsgaard	Ringe GF Atletik	48,40,0	0	0
19	274	Hans Erik Bodi	Nyborg Løbeklub	49,36,0	0	0
	290	Finn Nielsen	OA/OGF			8
	297	Ole Frank Rasmussen	NO ONE			3
	29	Carsten Hansen	Munke Mose Motion			1
	94	Dennis Pallisgaard	LLM			0
	178	Michael Andersen	NO ONE			0
	309	Nuno Fortada	Nyborg Løbeklub			0

K28 - Mdl. V55-59

1	292	Henning Mikkelsen	OA/OGF	32,58,0	10	19
2	502	Steen Olsen	OA/OGF	33,26,0	9	9
3	107	Svend Olsen	OA/OGF	33,33,0	8	18
4	295	Jens Eriksen	NO ONE	36,05,0	7	15
5	291	Bjarne Rasmussen	OA/OGF	38,25,0	6	12
6	39	Bent Hornemann	Ringe GF Atletik	40,19,0	5	10
7	444	Kurt Hansen	Middelfart Motions K	46,39,0	4	4
8	127	Heinrich Staal	SG	54,42,0	3	7
	126	Ole Birch	SG			7

K29 - Mdl. V60-64

1	108	Henning Hansen	OA/OGF	34,21,0	10	20
2	105	Kaj Olsen	OA/OGF	35,47,0	9	18
3	66	Kurt Pedersen	Fåborg Ski & Motion	36,00,0	8	15
4	31	Søren Due	Munke Mose Motion	37,18,0	7	15
5	30	Kurt Hansen	Munke Mose Motion	41,20,0	6	11
6	70	Gunner Sørensen	LLM	49,33,0	5	5
	65	Carsten Hammerich	Fåborg Ski & Motion			4
	268	Stig H. Jensen	Fjordager I.F.			6



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K30 - Mdl. V65-69

1	40	Erling Larsson	Ringe GF Atletik	35,58,0	10	20
2	115	Svend Mortensen	OA/OGF	38,17,0	9	9
3	112	Flemming Wedell	OA/OGF	38,58,0	8	16
4	50	Keld Brandt	SG	39,29,0	7	16
5	119	Jørn-Iver Beck	SG	41,24,0	6	11
6	120	Bent Sørensen	SG	41,31,0	5	11
7	73	Erling Jensen	LLM	41,46,0	4	8
8	63	Morten Mortensen	Fåborg Ski & Motion	43,12,0	3	3
9	279	Leif Kristensen	Faaborg Orienterings	45,11,0	2	5
10	190	Jøgen Olesen	OPI	45,56,0	1	1
	75	Jørgen Skov	LLM			2
	148	Niels Aplin	NGIF			1
	32	Tonni Schaldemose	Munke Mose Motion			0
	293	Sven Jønsson	OA/OGF			7

K31 - Mdl V70-74

1	34	Per Sass	Munke Mose Motion	40,33,0	10	20
2	44	Kjeld Andersen	Ringe GF Atletik	47,22,0	9	17
3	43	Kaj Olsen	Ringe GF Atletik	48,08,0	8	17
4	131	Per Bulck	SG	49,11,0	7	13
5	33	Flemming K. Hansen	Munke Mose Motion	49,40,0	6	13
6	42	Kristian Rasmussen	Ringe GF Atletik	66,14,0	5	5

K32 - Mdl. V75-?

1	61	Svend Olaf Jensen	Fåborg Ski & Motion	62,09,0	10	20
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